



Youth Personal & Group Training Registration

EAT CLEAN. TRAIN DIRTY.

Participant Name: _____ Date of Birth: _____

Parent/Guardian Name: _____

Street Address: _____ City, State, and Zip: _____

E-Mail: _____ Home Phone: _____

Cell Phone: _____ Emergency Contact: _____

Youth Champion Athletic Training for ages 12-18. Led by Coach Thalass Steele, ACE Certified Personal Trainer & Sports Nutritionist. Training held at, AGame Sportsplex 215 Gothic Ct. Franklin, TN 37067

July 7 - July 31 | 1pm -2:30pm

August 11 - August 27 | 3:15pm-4:45pm

Cost

*\$150.00 for all 7 weeks. \$85.00 for July training. \$65.00 for August training. You may drop in for \$15.00 per training session. Must call or email to secure your spot! Balance will be due on the first of each month. No refund policy, please be committed. Please make check payable to Thalass Steele. Mail to:

Steel Athletes c/o Thalass Steele
215 Gothic Ct. Franklin, TN 37067

*Balance will be due on the first of each month

Athletes must be already conditioned and ready to work hard! This is an intense program designed for conditioned athletes. Please be sure to wear practice attire, running shoes, shorts, note book and pen, water, light snack, and an extra set of dry clothes.

View the training schedule at:
www.steelathletes.com/youth-training.php

For questions please email:
Train@SteelAthletes.com